

**Adult Team Rosters – Week One!**

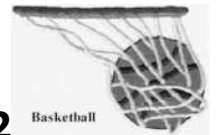
**2012 YMCA Membership:** \$19.00 per player  
**Member's Single Game Fee:** \$7.00 per game

**Non Member Game Fee:** \$9.00

***If your team is on a Bye, you will be placed onto the next week's game draw ... If your team is no longer playing please let us know if would be appreciated. If you have received this notice and your team ceased playing during 2011 and would like to play again, please contact us! Ph: 6344 3844 or Email: [ymcalaunceston@bigpond.com.au](mailto:ymcalaunceston@bigpond.com.au) The draw for the following week will be placed onto our Website: [www.ymcalaunceston.org](http://www.ymcalaunceston.org) , or otherwise you should simply telephone the 'Y' for your game time. New Teams will be invited to join into the roster in the following few weeks ahead.***



**Men's Social Basketball - Monday 13<sup>th</sup> February 2012**



- 6.00pm (P): Merkin vs Hot Boomers
- 6.00pm (N): Dutch Cocoa vs Norfolk-in-chance
- 6.45pm (P): Convicts vs Spice Meisters
- 6.45pm (N): Northern Lights vs Elle's Blazers
- 7.30pm (P): Krew vs Ishizm
- 7.30pm (N): Mytoastie.com vs MILF Hunters
- 8.15pm (P): NFI vs Scrappy Disco
- 8.15pm (N): Luke's Team vs Excitement Team
- 9.00pm (P): Justice League vs Running Rebels
- 9.00pm (N): Fortune vs Wombats

**Byes: Funkasauras**

**Please turn over for more Netball & Basketball Game Times!**



**Umpires wanted!**



***If you feel you have the qualities to be an umpire for Basketball and would like to either learn or you are capable of umpiring, please let us know. As you all realized, we can all umpire from the sidelines, but these wonderful people are hard to find ... so give a hand!***



## **Ladies Social Netball – Tuesday 14<sup>th</sup> February 2012**

- 6.00pm (P): Mystate Magic vs Fumble this
- 6.00pm (N): Allstars vs Breezers
- 6.45pm (P): Red Devils vs Pitty's People
- 6.45pm (N): Manhattan Maidens vs Bags of Bones
- 7.30pm (P): Dead Poets Society vs Bristol 7
- 7.30pm (N): Benchwarmers vs Chuckies Chicks
- 8.15pm (P): Bullets vs Gunners
- 8.15pm (N): Cruisers vs GP North Saints
- 9.00pm (P): Wishful thinking vs Kiss my pass
- 9.00pm (N): Grandmas Girls vs L's & co

**Byes: Gems; Mums the word & Wallies**



## **Mixed Social Netball – Wednesday 15<sup>th</sup> February 2012**

- 6.00pm (P): Anything Goes vs Boofheads
- 6.00pm (N): Rippaz vs Not so Fit
- 6.45pm (P): Austune Allstars vs Easy Beats
- 6.45pm (N): WTF vs Pot Belly's
- 7.30pm (P): Rogers Rabbits vs Vikings
- 7.30pm (N): Playas vs Binstones
- 8.15pm (P): Netball Ninjas vs Sweats
- 8.15pm (N): Cheap Shots vs Super Troopers
- 9.00pm (P): Very Average Joes vs Seven Wonders
- 9.00pm (N): Shooters vs Heart Attack



## **Ladies & Mixed Social Basketball Roster – Thursday 16<sup>th</sup> February 2012**

- 6.00pm (P): Harrison Humphreys vs Trophy Wives
- 6.00pm (N): Jaffas vs Dreamers
- 6.45pm (P): Bula vs JXY
- 6.45pm (N): People Eaters vs Lunachicks
- 7.30pm (P): Keep the Faith vs Wannabees
- 7.30pm (N): Wildcats vs YCTT
- 8.15pm (P): Opioids vs Wii not Fit
- 8.15pm (N): Mon-stars vs Random
- 9.00pm (P): Tequila Slammers vs Breakers

**Bye: Dazzling Dribblers & Liquid Fury**

We look forward to seeing you all again shortly! With your help we can keep the 'Y' a happy place to enjoy playing Sport!

**Welcome back to the 'Y'**

**Jodie Johnson and Ray Willis**

Dear Members & Friends of the 'Y'

We invite you and your family to attend the YMCA this year. We realize families are struggling in these economic times; therefore session fees have not been raised. You also have the choice whether you wish to be a **YMCA Member** to receive **discounted fees** etc. This year some of our programs are in 10 session blocks or payable by Term Fees which will give you the biggest discount to save money for being a loyal and regular participant in your chosen activity.

We re-open as from Thursday 9<sup>th</sup> February 2012. All Activities will commence as from Monday 13<sup>th</sup> February 2012 unless otherwise stated. Please note due to the cup, we will be closed from 1.00pm on Wednesday 29<sup>th</sup> February.

We have new programs, so take a look at our flyer, and book if you wish to participate.

If you have children wishing to participate in Basketball Rosters; names must be given to Jodie at reception. Rosters will commence 16<sup>th</sup> March! So do not miss out, register your interest now!

This year you will see some renovations commence and hopefully further construction plans may be put into place.

Please remember if you wish to receive discounted fees, please pay your YMCA Membership on your first visit back before commencing your chosen program. Otherwise you will be charged as a Non-Member with higher session costs.



2012 YMCA Membership Fee  
\$19.00 per person  
Family Membership (same household)  
\$50.00 per family



**We build strong PEOPLE strong FAMILIES strong COMMUNITIES**

Following is the timetable for the first week back of Team sports.

We look forward to welcoming you back this year!


Jodie Johnson & Ray Willis  
Executive Officers

**(Please turn over)**

**Introducing two new and exciting programs for you at**  
**YMCA**

**Mini Cheer  
and  
Team Cheer**


**(Commencing 1<sup>st</sup> March 2012)**

 **Mini Cheer** is an action-packed cheer leading program for children from Kindergarten to Grade 2. *Mini Cheer* will include learning basic cheer motions and movements, basic cheer routines, cheer leading themed games and activities with pompoms.

When: Thursdays 4.00 - 4.45 pm

Cost: Members \$7.50 per session or \$60.00 (8 sessions)

Casual Fee: \$ 9.00 per session or \$72.00 (8 sessions)

 **Team Cheer** is a fun-filled 8 session introduction to cheerleading for children in Grades 2 to Grade 6 where children learn and then perform a pre-choreographed cheer leading routine. Children will learn a range of basic cheerleading and dance movements. Participants will be required to commit to all 8 sessions of the program as they are learning a detailed pre-choreographed routine.

When: Thursdays 4.45 – 5.30pm

Cost: Members \$7.50 per session or \$60.00 (8 sessions)

Casual Fee: \$ 9.00 per session or \$72.00 (8 sessions)



Team Cheer and Mini Cheer are delivered by Jacqui Wise, a qualified Physical Education Teacher  
Trading as Flip Out!  
'Fun on the move' for kids

**Due to YMCA Staff Holidays, we will not re-open until Monday 13th February for enquires.  
However, Jacqui is happy to speak with you on 0439 118 400 after 6.00pm or email  
[jacqui@flip-out.com.au](mailto:jacqui@flip-out.com.au) Give her a call or email and enquire today!**

**(Please turn over for more activities at the 'Y')**

# What can we do at the 'Y'?

***All activity sessions listed below recommence the week beginning Monday 13th February 2012.***

***Remember ... pay your Membership on your first visit to receive discounted fees!***

## **ADULT ACTIVITIES**

- ✓ Fitness Room available for use (Monday to Thursday 9.30 – 1.00pm / 2.30 – 9.00pm)
- ✓ Social Badminton (Tuesday 9.30 – 11.30am)
- ✓ Social Indoor Carpet Bowls (Wednesday 9.30 – 12.00noon)
- ✓ Fencing (Wednesday 6.30 – 8.30pm)
- ✓ Men's Social Basketball Roster (Monday from 6.00pm)
- ✓ Ladies Social Netball Roster (Tuesday from 6.00pm)
- ✓ Mixed Social Netball Roster (Wednesday from 6.00pm)
- ✓ Ladies Social Basketball Roster (Thursday from 6.00pm)
- ✓ Ladies Social Basketball Roster (Thursday from 9.30am)
- ✓ Mixed Social Basketball Roster (Thursday from 6.00pm)
- ✓ General use of Eight ball tables (Monday to Thursday 6.00 – 9.00pm)
- ✓ Hire our Halls / Rooms (on application)
- ✓ Special Needs Low Aerobics, Sports and Games (Thursday 10.15-11.00am and Fridays 10.00-10.45am)

## **CHILDREN'S ACTIVITIES:**

- ✓ Pre-Kinder Playcentre 3 to 5 yrs (Monday to Friday 9.30am to 12.30pm)
- ✓ Tiny Tots Playtime 1 to 4 yrs (Monday and Wednesday 10.00 – 11.30am)
- ✓ Recreational Gym 3 - 5 yrs (Wednesday 3.15 – 4.00pm)
- ✓ Gym Fun 6 to 9 yrs (Wednesday 4.00 – 4.45pm)
- ✓ Gym Skills 9 yrs+ (Wednesday 4.45 – 5.30pm)
- ✓ Junior Roster Basketball Training 9 to 14yrs (Monday 3.30 – 4.15pm and 4.15 – 5.00pm)
- ✓ Junior Basketball Roster Games – in age divisions, commencing March (Friday 3.45 – 9.00pm)
- ✓ Mini Basketball Training and Roster Games 7 & 8 yrs (Thursday 3.30 – 5.30pm)
- ✓ Little Giants Ball games and skills for 5 & 6 yrs (Tuesday 3.30 – 4.15pm)
- ✓ Trampoline & Games (Tuesday 4.15 – 5.00pm for 6 yrs and over)
- ✓ Dance with Danielle 4 to 10yrs (Mondays 4.00 to 4.45pm)
- ✓ Mini Cheer 4 to 7yrs (Thursday 4.00 – 4.45pm ... new program see flyer)
- ✓ Team Cheer 7 to 13yrs (Thursday 3.45 – 4.30pm ... new program see flyer)
- ✓ Taekwondo (Wednesday 4.00 – 4.30pm 5 – 7yrs and 4.30 – 5.30pm for 8yrs+)
- ✓ Holiday Program (June and September School Holidays)
- ✓ Hire our Halls / Rooms for Playgroups; School groups; Church groups etc

## **Further enquires:**

Speak with us at Reception or ...

Phone: 6344 3844 or 6344 5897

Website: [www.ymcalaunceston.org](http://www.ymcalaunceston.org)

Email: [ymcalaunceston@bigpond.com.au](mailto:ymcalaunceston@bigpond.com.au)

Write to: PO Box 130 Kings Meadows 7249

# Trampolining & Games

Tuesdays

4.15 – 5.00pm: 6 years+



**CLASSES COMMENCE  
20<sup>th</sup> MARCH 2012**

**LIMITED NUMBERS  
(BOOKINGS ONLY)**

*Try something new*



*Learn new skills*

**10 SESSIONS ONE CHILD= \$80.00**

**10 SESSIONS TWO CHILDREN = \$150.00**

**(Please book and pay beforehand)**

***PHONE 6344 3844 TO MAKE A BOOKING!***